



March 2022 Newsletter

Registration Number LAR/S/67

A big warm welcome is extended to all our members with this, our March Newsletter.

A date for your Diary is the 2nd June when we will be celebrating the Queen's Platinum Jubilee with 'a nostalgic trip back to the fifties'. The venue at which we will commemorate this occasion is at 'Food Park City'. Here they will be offering a traditional English set menu of:

English Fish and chips or burger and Chips -English Apple pie and ice cream, together with either a Snowball or Babyham or beer. **All for the Inclusive Price of €15**

Note,that "Besides decorating the venue with bunting 'Food Park City' will also be entertaining us and their customers with pop hits of the era and running pub quizzes with prizes So in effect it will be just like having our own Street Party"

It is expected that this is likely to be a very popular event. We are proposing to reserve around twenty five tickets for our members **on a first come, first served basis**, therefore in order to avoid being disappointed you will need to register your interest immediately with Jacky and then be prepared to pay in advance soon after.

'PLEASE NOTE' The delivery of our U3A Newsletter to your inbox is dependent on your email details being totally correct. If you,or someone you know,is not directly receiving this newsletter, it is necessary for you or that member to send an email to Barry our social secretary. This is in order that the respective email details can be checked,corrected and updated on our U3A distribution list.

Group Leaders -Please note that up-to-date membership application forms can be downloaded directly from our website. www.larnacau3a.club

Your Committee As Voted 10th December 2021

Name	Position	Telephone	Email
Carol Anderson	Chairperson	[REDACTED]	
Geoff Penn	Vice Chairperson		
	Group Coordinator		
David Barraclough	Treasurer		
Barry Bicknell	Secretary		
Jacky Durrant	Lunch & Dinner Club		
	Social Secretary		
Kerwork Hovsopian	Events Social Sec		

Guide To Days When Groups Normally Meet

Day	Morning	Afternoon	Evening
Monday	Beginners Bridge Sounds, Like The 70s	Scrabble Pilates	
Tuesday	Painting Brunch Bunch Computer Skills Line Dancing	French Conversation	Expert Bridge (Radio Link) Ancient Civ
Wednesday	Pilates Astronomy U3A Quiz	Yoga	
Thursday	Exploring Cyprus	West End-Broadway Shows Movie Afternoon	
Friday	Book Group Backgammon	Patchwork and Quilting Genealogy	
Saturday		Boules	
No Set Date	Charity Events Health & Well Being	Greek Conversation	Page 2

ANCIENT CIVILISATIONS CATHERINE YATES



Our study of Cities of the Ancient World will be on hold now whilst Catherine heads back to the UK. This interesting subject will again resume on her return to Cyprus.

Information about the resumption of this activity will be posted in next months newsletter.

ASTRONOMY & COSMOLOGY CAROL ANDERSON



The Astronomy group will meet on **Wednesday 16 March at Restolake at 11:00**. This will be the only Astronomy session in March. After a long look at space tourism, plans for building temporary or permanent bases on the moon and Mars, and eventual travel to Proxima B, we have decided to come back to earth, so to speak. The creation of our solar system, starting with its proto-sun formation and its subsequent nuclear explosion into our current sun, as well as the creation of our planets and their moons, is a subject worthy of review. The various probe, satellites, and space telescopes have widened our knowledge of the solar neighbourhood and the James Webb Space Telescope will continue to increase our understanding of it. The session will concentrate on the particulars of the creation of the sun and the planets and highlight the crazy battlefield for dominance between competing spheres for a rightful place in our solar system.

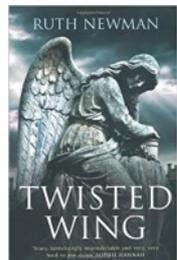
BACKGAMMON Serge



Our small Backgammon group meets every Friday 10 -12 am and already complete beginners have progressed and are enjoying themselves.

New players are most welcome whether experienced or totally new to the game so come along and enjoy a social gathering that is both stimulating and good fun. Contact Serge if you need further information

BOOK GROUP Margaret Gross



The next Book Group meeting will be on Friday March 11th at Second Cup on the Dhekelia Road, at 10 for 10.30 am. The book to be reviewed will be Twisted Wing by Ruth Newman, something a little different to ring the changes. at Second Cup All welcome to attend. We continue to adhere to Covid rules and all safe passes and ID's have to be made available for inspection.

New comers will be most welcome to join us -Contact Margaret as above

BEER TASTING

Our wine lovers group has not met for some time so when I saw that a new specialist beer shop had opened up in Larnaca, I thought it presented a good opportunity for another kind of "tasting".



The beer tasting will be held on **Thursday 24th March at 3pm at Larnaca Beer Lovers** shop which is just around the corner of Wagamama's (take the first left hand turn at the traffic lights at the America Academy when coming away from the seafront). We will sample 9 beers from 3 different countries (Britain, Greece and the USA) and these will comprise a mix of different types (Lager, weiss, IPA, Ale and others). Platters of cheese and cold cuts will be provided and the beers will be presented by an expert in unusual beers. This is not your standard Carlsberg, Keo, etc but samples of different more premium beers. Please note also that this is a tasting – you won't be having 9 bottles of beer each so driving shouldn't be too much of a problem! There is parking nearby. Seating will be available.

The price for this event is €15 and places are limited to 12 so please book early by emailing me at the above email. If there is sufficient demand I will arrange a second one later.

There is also an opportunity to have **a tasting on a different date focusing on non and low-alcohol beers and gluten free beers**. This may be of interest to those who are not drinking alcohol or are trying to cut down. If this might be of interest please let me know so I can fix a date and confirm a price.

BRIDGE Errikos Leonidou



Until further notice, we will continue to play Bridge on BBO on Monday at 4pm. Tuesday at 2.15 pm and Thursday morning at 10 am.

Please contact Errikos, as above, if you would like help in connecting to BBO.

BRIDGE FOR BEGINNERS CAROL ANDERSON



The advanced beginner bridge will be held on **Monday 7th March at 10:15** at my home. I will be absent or unavailable on the following Mondays. The 7th will therefore be the only date for lessons during the month of March. Lessons for this group will recommence in April, 18th but further information will be sent later.

(ADD to the above the following for the Beginner bridge)

The beginners bridge will be held on **Monday 14th March at 10:00** at my home. (This is followed by the Writing Group at my home – check newsletter). There will no further March bridge classes and the schedule for April has not yet been decided.

BRITISH MONARCHY CAROL ANDERSON



The second part of the Six Wives of King Henry VIII will be held at my home on **Thursday 3rd March** at 10:00. We will first look at his third wife, Jane Seymour, his only wife to produce a living son, heir to the throne, although Jane herself died soon after due to childbirth complications. We will then switch to Henry's fourth wife, Anne of Cleves, brought in to strengthen the political ties between Germany and England. An unfortunate alliance: the marriage took place but Henry, outraged by Anne's lack of beauty, was never able to consummate it. After six months, the marriage was annulled, but she managed to remain friends with Henry (like a sister)

living on a stipend he allotted to her.

The third and final part of King Henry's six wives will be shown on **Thursday 17th March** at my home, at 10:00. Catherine Howard, his fifth wife was young and flirtatious, just what aging Henry needed after his disastrous marriage to Anne of Clives. But trouble was brewing from the start, as Catherine was found to have engaged in numerous adulterous affairs, a treasonable offence for a royal consort. The sword awaited her. His last wife, Katherine Parr, turned out to be as much a nursemaid as an intellectual companion. But her publication of religious writings annoyed the King and might have led to a third royal head on the block. But Henry's death finally freed Katherine and she was able to marry (disastrously as it turned out) the man of her choice.

Thus concludes the 1500-year history of the British Monarchy and its trials, tribulations and intrigues that have forged the country's unique Constitutional Monarchy.

BRUNCH BUNCH PAT BEAVER



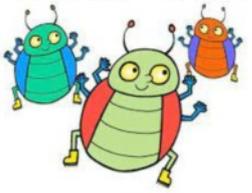
Our Tuesday get together's at the Tuck Inn Finikoudes (Nearby to Larnaca Fort) are well attended as it is the perfect activity for meeting other U3A members especially if you are new to U3A. Join us for an all inclusive €5 breakfast at 10am or pop in later for a coffee and a chat. Bring a friend.

Our next meeting will be held on Tuesday 1st March 2022

CHARITY EVENTS

The rescheduled date for the charity coffee morning and beetle drive is the **7th April from 10.30am** at the Stadium coffee shop on Stadiou Street. **All proceeds from the day will go to Alzheimer's Research UK which is involved in trying to find better treatment and a cure for this condition.**

Beetle Drive



Come along for a coffee and, if you wish join in playing "beetle" (not mandatory but could be fun). If playing, you can either organise your own team of four or join with others on the day to make up a team. "beetle" will begin at 11.15 am. There will be the usual raffle – I have plenty of prizes at present and we can do a book and DVD exchange for a small fee as well. Hopefully the weather will be kind and it will be possible to sit outside as an alternative to inside.

As this is a charity event, there will be an entrance fee of €10 per person which will include one cup of tea or coffee (or a small bottle of water), a cake and a small donation to the charity. Raffle tickets will be available at €5 per strip. There will be a donation box for any further donations. If you want other drinks (or more tea or coffee) then you will need to buy them separately.

EXPLORING CYPRUS



Continuing our exploration of all things related to Cyprus, our next session on **Thursday the 17th March** will comprise an illustrated talk **"Cyprus Statues and Monuments, what do they tell us?"** which will take you on a pictorial journey based around a series of themes; friendship and service, war and conflict, women and mothers, culture and arts, modern sculpture. We will meet at **10.30am for coffee at the Stadium café on Stadiou St** which has proved to be a comfortable and popular venue for our talks. Parking is available either on the road outside or in a car park in the road opposite.

Larnaca Tourism Board has had an initiative around statues in the town and this stimulated my idea to take a closer look at some of the them and the steps that have been taken(or not) to raise awareness about what they represent. **The presentation includes some of the familiar statues and monuments around Larnaca but the majority focuses on status and monuments you may not have seen elsewhere on the island and may not even know about.** I certainly didn't. Hopefully it will both raise awareness and give you some ideas for outings with your visitors or friends over the coming warmer months.

Masks will need to be worn and a Safe Pass and ID are also needed. **Please let me know by the 14th March if you will be coming so I can arrange seating and refreshment numbers with the Stadium staff.** I will ask them to have some cakes and pastries available for those who want them either before or after the talk.

FRENCH CONVERSATION Cynthia Dawson



The next session for this group is scheduled for Wednesday's 9th and 23rd March. Please contact Cynthia for details of the venue. Generally this friendly group assembles in members' homes for tea or coffee to chat in French. There are no "lessons", we just want to practice our conversation and all you need is to be able to carry on a basic conversation. Our members range from near-native to not-so-good speakers. **Come and join us if you would like to maintain or brush up your French language skills.**

Contact Cynthia for further information.

GREEK CONVERSATION Vathoula Klumbies



The format for our Greek depends on where I am currently located, and is either in the form of face to face meetings or by video call. At the moment I am located in Cyprus and therefore a good time for you to contact me, as above, for a face to face meeting to discuss the purpose of this group. but please note this is a conversation group for people with a knowledge of Greek and it is not suitable for members wishing to learn the language from scratch.

GENEALOGY & Social History Geoff Penn



We were pleased at our January meeting to have a visit from Neil and Angela and a chance to catch up with their Genealogical advancements in the UK

At our February meeting and following her recent trip to the UK and At our February meeting Margaret presented an interesting talk about Cemeteries, Gravestones and Epitaphs' a very useful source for establishing connections with our past ancestors.

The 1921 census continues to be the subject of our ongoing research and development of our family trees and much discussion was had in relaying our recent progress due to this new resource.

The next meeting is planned for Friday 25th March at 'Restolake' at 15.00 hours

LUNCH and DINNER CLUB Jacky Durrant



Our February lunch time date was held at the Taipei Town Chinese Restaurant in Larnaca, where everybody enjoyed an all inclusive set meal. Unfortunately the final attendance was affected by Covid with eight members needing to drop out. Never-the-less, with a multitude of platters full of delicious Chinese food cascading to the tables our members were treated to a feast of immeasurable proportions.

We are going off-piste with our March Lunch and Dinner Club date in the shape of an afternoon tea at 'Food Park City' which we have provisionally booked for Wednesday 16th March at 3pm . The Cost is €10 which includes freshly baked scones, clotted cream, strawberry jam, smoked salmon, cream cheese and egg mayonnaise sandwiches and assorted cakes. All nicely served on posh white crockery.



If you are interested please contact Jacky no later than Sunday 13th March. Note: people need to test negative before we give the venue our final figures.

LINE DANCING Jill Sherwood



Our line dancing group meet at the Corner Cafe in Pyla, on a Tuesday morning. Please contact Jill as above for details of the actual dates for March. Each session is supervised by Sherri a very experienced teacher who will show us the moves.

Please contact Jill, as above, if you would like to join in with the fun.

The cost is €5 per one hour session. Additional refreshments are available to purchase.

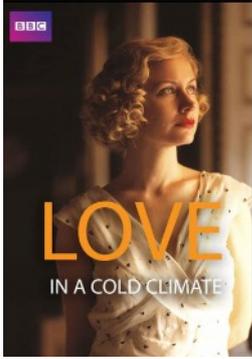
MONTHLY HAPPY HOUR MEET & GREET PAT BEAVER



The 'monthly **HAPPY HOUR** meet and greet' is a kind of extension to our 'Bunch Brunch' concept and the opportunity for members to enjoy a nice friendly atmosphere with soft gentle music for cocktails and drinks at 'Harry's Bar' in Larnaca. Please contact Pat as above if you would like to be included.

Red or white wine 87ml. 3 for 10 euros, Rose 3 for 10.50 euros, Leon Beer half pint 1.70, Pint 2.50, Cocktails: 5 euros, Local Gin & Tonic 3.50 euros, Gordons 5 euros, Soft drinks 1.50 euros, Fruit juice 2.00 euros

MOVIE GROUP



The Movie Group meets on the second Thursday of every month at 2pm at John's home in Aradippou. **The next meeting is on the 10th March at 2pm** when we will be watching . Based on Nancy Mitford's much loved novels "The Pursuit of Love" and "Love in a Cold Climate" – part thinly veiled memoir, part biting satire and part fascinating window on a vanished way of life – this delectable BBC drama follows the romantic adventures of three young aristocrats in the period between the World Wars. Upper class girls Fanny, her cousin Linda and friend Polly are about to make their society debuts. The compelling story of disappointment, heartbreak and passion is laced with exquisite characters and is deliciously funny and sometimes tragic.

If you are interested in joining us for this, or other sessions, please contact John to let him know.

PILATES & YOGA GILLIAN ARMSTRONG

Gillian's classes are held on Monday afternoons at 2pm for Pilate's and Tuesday mornings at 10 am for Yoga. Classes are held in her air conditioned home studio near Stelios Supermarket in Levadia. Contact Gillian Armstrong for further information as above



PATCHWORK & QUILTING LYNNE MOSES



Please contact Lynne as above for both the venue and dates for the next meetings New members are always welcome, bring along ideas, sewing machine and material (old dresses and shirts) to get started.

Contact Lynne as above if you would like to join this productive group.

ADDITIONAL CRAFTS

A new group that wish to engage in other crafts not covered by Lynne's group has been created There fore members wishing to undertake other clean crafts such as knitting, sewing or weaving, crochet are welcome to join in with Lynne's group. However, Lynne will only act as a non instructive focal point whilst these alternative groups get themselves organised. Anyway come along with your knitting etc and enjoy the company of others whilst being productive.



PAINTING GROUP Liz Naepflin

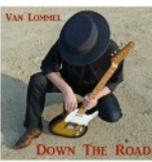
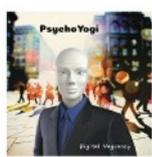


For those of you who like painting come and join us. Our Group meet up every Tuesday from 10 to 12,00.

The venue is currently at Liz Neepflin's home whilst government restrictions are in place New members are always welcome, join us for painting, doodling, zen tangle, dot art or sketching. If you like to learn one of these techniques Liz will gladly give you instructions. Everyone is welcome to come along especially new participants including complete beginners.

Contact Liz for more information

Sounds. like the Seventies Geoff Penn [redacted] cv



As usual, at our meeting in February we once again focused our attention on a range of new releases from a variety of progressive rock bands from around the world. This is a group for music lovers with a particular penchant for progressive, psychedelic and blues sounds from the 70s but also paying attention to the many bands who are replicating this style of music albeit with a modern edge.

Contact Geoff if you are interested in joining in with the fun..

SCRABBLE Tricia COOPER [redacted]

All levels of player are welcome so if you enjoy word puzzles come along and join us. We play every Monday at 2:30 and the venue rotates between member's homes Details of where we meet each week are sent directly to members so if you are interested in joining and have not been previously, please email Tricia

THE INSPIRATIONS WRITING GROUP [redacted]



The writing group met on the 14th February and it was refreshing to see an increase in our numbers.

The focus, understandably was written pieces on the subject of 'Love' and members wrote in their particular styles.

There were factual pieces, poetry, stories and lots of humour .There were some very interesting reflections and all made for an interesting read.

A picture entitled "Man vs Corpse" has been given to each member of the group. The picture is taken from Zadie Smith's account of her reaction to an Italian painting entitled "Man Carrying Corpse on his Shoulders".



We have already had much fun with our reactions to this image. If anyone wants to join in our fun and write a little please get in touch with Joy as above No previous writing experience is necessary. The next meeting will be on Monday 14th March at 1-30.at Carol Anderson's house.

WEST-END & BROADWAY SHOWS JUDITH MANSELL [redacted]



Judith will be showing a version of Chicago on Thursday 31st March at her home at 2.00 pm **.IMPORTANT: Will her regulars please confirm if they are coming a week in advance so that she can organise sufficient seating.** If you have never previously attended but are interested in coming along, please email Judith with your mobile number as spaces might or might not be available

Chicago is a 1975 American musical with music by John Kander, lyrics by Fred Ebb, and book by Ebb and Bob Fosse. Set in Chicago in the jazz age, the musical is based on a 1926 play of the same title by reporter Maurine Dallas Watkins, about actual criminals and the crimes on which she reported.

The next quiz at 'Restolake' will be held on the 9th March 2022 at 10:0 hours for 10:30 kick-off .

As usual we ask you to note : We do not pay for the room so we would ask that Everyone purchase a drink from the counter.

There is always time to assemble a team for registration. A team comprises four players two of whom must be members therefore guests can be invited to make up the number of required players. Also, for those players who do not wish to commit to a team you are welcome (in fact encouraged) to come along as a floating substitute.

Remember :

Mobile phones are not to be used to gain an unfair advantage during the quiz. Please keep them away from the table top.

Team Positions after February 2022 Quiz

Jerms	258.00
Busy Bees	253.00
Jam Dodgers	244.50
United Nations	226.50
Anna & Co	202.00
Bee Gee's	180.50
Us & Them	161.50
Odd Balls	105.50
Team Scandinavia	101.00
First Timers	24.00

The word 'Quiz' is written in a large, red, hand-drawn, sketchy font. The letters are filled with a cross-hatch pattern and have a slightly irregular, artistic appearance.