



April 2026

U3A Newsletter

Dear Members, Here for your information is our April Newsletter and in which you will find details of the groups and activities for this month.

On Friday 13th March we held our 2026 Annual General Meeting at Restolake the minutes of which will be available on request from our General Secretary. The outgoing committee put themselves up for re-election and were duly elected, this was despite the opportunity for other members to put themselves forward for election. Sadly no other members put themselves forward. The makeup of the committee, following a subsequent committee meeting on the day, therefore remains the same as tabulated on page 2.

Gerry is in the process of reminding members to pay their subscriptions as per the notices that were issued at the turn of the year. Here are our Bank Details in order to pay by Bank Transfer :-

Here follows a message from Gerry Harrison, Social Co-ordinator U3A Socials 2026

Sadly I have to announce and confirm the cancellation of the first U3A Social of 2026 on Friday 3 April. The Committee took the decision to cancel due to the very poor level of bookings and the perceived general lack of interest. We're planning to re-book at the beginning of June when hopefully the weather will be better. As a result the planned Summer Social at the beginning of July will not now go ahead. However we are planning to organise an afternoon BBQ Social towards the end of September, and a pre-Xmas Social towards the end of November. The success of all of our Socials depends totally on Member's support. Obviously we don't like cancelling but if the support isn't there then the event(s) are not financially viable. We will continue to keep Members updated via the monthly Newsletter, and also via direct email contact.

From my own perspective, I really could do with some help in running our WEBSITE, It currently is a miserable looking and out of date affair that needs some love and attention. I currently am finding it difficult to find the time to give the Website the time it deserves. Please contact me.

Please also note that every member can post on our Face Book Page, in fact the more hat do ,the merrier it is. Obviously, there needs to be a modicum of control to prevent what could be unsuitable material being posted, this though is just a simple check by a committee member to ensure all material is beneficial to the membership before being posted

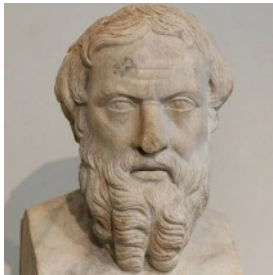
Geoff

U3A Committee As Voted On 21 st March 2025 and the positions of such indicated below were agreed at the additional committee meeting held on the same day

Name	Position	Email	Phone
Geoff Penn	Chairman and Courses Coordinator	[REDACTED]	[REDACTED]
Keith Swales	Vice Chairman and General Secretary	[REDACTED]	
David Barraclough	Treasurer	[REDACTED]	
Jacky Durrant	Lunch & Dinner Club Secretary	[REDACTED]	
Gerry Harrison	Membership & Social Secretary	[REDACTED]	

DAYS WHEN GROUPS NORMALLY MEET (Check newsletter for actual dates)			
Day	Morning	Afternoon	Evening
Monday	Beginners Bridge Scrabble	Sounds Like The 70s Pilates	Club Bridge 6pm
Tuesday	Yoga Brunch Bunch Art Group & Urban Sketching	Club Bridge 2:30pm (At 14 Meropis St. Ancient Civilisations (5.15 pm)	14 Meropis St, Larnaca Behind Radisson Blue Hotel
Wednesday	Backgammon Fun Quiz	Writing Group	
Thursday		West End & Broadway French Conversation Craft Group	Classical music
Friday	Book Group	Greek Conversation	
No Set Day	Talks & Presentations Coffee Mornings Film Afternoons	Lunch & Dinner Club	

ANCIENT CIVILISATIONS CATHERINE YATES



For the time being we are taking a rest and I hope to return in May when we will continue with, Herodotus, The Father of History.

Contact Catherine for further information

BACKGAMMON SERGE S



Have you ever wondered about the board game Backgammon, its rules and its intricacies of play.

Well! come and find out with our ultra friendly group who are keen to show you how to play.

Backgammon is held on a Wednesday morning at Restolake from 10 am to around noon. All prospective players are welcome to come along to learn and to play this fascinating game of strategy. So whether you are a seasoned player or a complete novice contact Serge above if you would like to join in

BOOK GROUP Margaret Gross



Book Group Review For April **'AS LONG AS THE LEMON TREES GROW'** by ZOULFA KATOUH will be reviewed at the next meeting on April 17th a week later than usual due to Easter holidays.

As usual we will be at Restolake Restaurant 10 am for 10.30 start

My apologies to anyone who has already purchased the Coco Mellors Blue Sisters . I have read this and although it is an interesting read exploring the relationships of the Blue family it does itself no favours with the language and

explicit sexual scenes.

Thank you to Joy for selecting a very different type of genre.

New members are very welcome to attend and join in a lively discussion. As always we welcome members to come along and join us for a coffee and some lively debate at Restolake 10am for 10.30.

BRIDGE ERRIKOS LEONIDOU



1 Club bridge is every Monday at 6pm and every Tuesday at 2.30pm.

2. Teaching bridge is every Tuesday at 6pm

The venue. is 14 Meropis street in Larnaca, behind the Raddisson Blue Hotel.

BEGINNERS BRIDGE



Note: There Will Be No Bridge During April

INTERMEDIATE BRIDGE Jean Smith

NEW GROUP



Intermediate level Bridge players are welcome to join us on Thursday mornings.

You do not need a partner - As we play in a rotation called "Chicago". We play on the veranda of Gorgona restaurant on MacKenzie Beach.

Please let me know if you would like to join us and arrive around 09:20 for an 09:30 start.

CLASSICAL MUSIC GROUP



This group meet twice a month on a Thursday at Kevork's Larnaca apartment. Here you will not only embrace the joy of a huge variety of classical music but also learn about the various composers and their various works

Normally, a stop press will be issued detailing Kevork's address and the dates for his music presentations.

GREEK CONVERSATION vathola Klumbies



This group is currently on hold.

LUNCH & DINNER CLUB - Jacky Durant



Larnaca 2030 is the city's successful bid to become the European Capital of Culture in 2030, A project that with the aim of harnessing art and culture for urban, social, and also economic transformation, focusing on the theme "Common Ground" to foster care, inclusively, and community engagement, transforming the city into a vibrant, sustainable Mediterranean cultural hub

In this respect Jacky has organised a talk/discussion regarding Larnaca 2030 similar to the previous presentation by Iosif Hadjikyriakos,

We are, as a group, very lucky that Jacky has a very good relationship with the department involved in fronting this massive project and has such has persuaded them to carry out this talk especially for us in the U3A

The date for this exciting event will take place on WEDNESDAY 15TH APRIL 2026 followed by lunch at the Aithrion restaurant in Larnaca (Just up from the Post Office)

As always, these talks take a mammoth amount of pre organisation and dates are set prior to us being able to advertise the event to the membership. Therefore please support us in this venture and register your interest by Monday 13th April.-However Places Might Be Limited and So "First Come First Served."

Contact (with Choice of Meal if you wish to eat)

Anticipated Programme Meet for coffee for 10.30am. About 11am we will be given a talk/discussion regarding Larnaca 2030 organised by Iosif Hadjikyriakos Lunch Approx. 1pm

Menu for 15th April is a set menu attached. It is optional members can attend coffee and talk only, if they wish. See Next Sheet For Set Menu Page 5.

AITHRION Menu

Set Menu €25 per person

SALADS&DIPS

1. Greek salad
2. Tahini dips
3. Tzatziki dips

STARTERS

1. Kefalotyri cheese in filo pastry with honey
2. Grilled halloumi with tomato jam

MAINS

1. Pork souvlaki (150gr)
2. Chicken souvlaki (150gr)
3. Pork pancetta (150gr)
4. Seftalia
5. Homemade spiced sausage

1 local drink from the below

1. Soft drinks
2. Water
3. House wine
4. Draught

PAINTING GROUP LIZ NAEPLIN



We meet every Tuesday with a structured programme of studying the science of water colours once per month and then urban sketching three times per month. The water colour classes are currently full but you can register your interest with Liz above for future inclusion when spaces become available

PILATES & YOGA GILLIAN ARMSTRONG



Gillian undertakes both 'Pilate's (Monday at 2pm) and Yoga (Tuesday at 10am) You will need to book in advance (as above), Both classes are held in her air conditioned studio which is located nearby to 'Stelios Supermarket 'in Levadia. For both classes you will need

SOUNDS LIKE THE SEVENTIES Geoff Penn



March offered the opportunity to check out some interesting bands from Europe, if you like the complexity and the dynamics of progressive rock, come and check out this interesting group.

Contact Geoff for more info,

SCRABBLE CATHERINE YATES



Scrabble continues every Monday morning at 10 am in various venues. It is a wonderful time to relax and enjoy each other's company and test our wits with the game. In this particular group all levels of expertise are represented and are very welcome. Sometimes we have as many as 8 or more gathering on a Monday morning. The break for refreshments is an integral part of our time together. Depending on numbers we could be playing in pairs or groups of 3. Our rules for the game probably would not be accepted at the highest levels, but they suit us all very well and add to the enjoyment of the morning.

Although Catherine is currently away Please contact her for further information and locations.

WESTEND & BROADWAY Judith Mansell



On Thursday 30th April at 2pm at my house I will be showing 'Les Miserable' Please let Judith know that you will be attending so that she can organise sufficient seating. The story set in 19th-century France, follows the character Jean Valjean who was sent to jail for stealing a loaf of bread, however when released after 19 years of imprisonment he finds a world unwilling to give him a second chance.

U3A FUN QUIZ **Geoff Penn**

Our U3A Fun Quiz is held at Restolake every second Wednesday of the month at 10 am. The quiz starts at 10:30 allowing you sufficient time to purchase a drink from the counter, as we do not pay for the room (So it is a very good deal for us).

You are welcome to come along and join us, either as a floating player, that is joining an existing team short of players. Our form your own team with friends, a team comprises of four players two of whom must be U3A members.

The Next Quiz will be held on the 11th March 2026

U3A Fun Quiz - Octoberr 25 Start									
Team	Oct	Nov	Dec	Jan	FEB	Mar		Running Total	Current Position
Jerms	0	32	17	26	0	9		84	5
Jammy Dodgers	22	24	29	0	0	23		98	3
Busy Bees	21	28	31	25	0	28		133	1
United Nations	27	27	21	24	0	33		132	2
Anna & Co	22	0	29	0	0	0		51	6
Us & Them	22	19	18	20	0	17		96	4

WRITING FOR FUN



This friendly group is all about, "writing for fun" more specifically the construction of a little story around an observation, memory, experience or idea which we then share at our monthly meeting. However, we take it in turns to select the subject matter for the following month's meeting. In other words you have a month to prepare your story.

The next meeting will be held at my home in Oroklini on **Wednesday 22nd April** at 2pm
The subject for preparation by the next meeting is **"A Holiday From Hell"**

Note: This can be a complete fabrication, something completely made up!!!!

Also Note date change this month only to avoid clashing with Larnaca 2030 Presentation See Page 4

Sharing information and helping other groups is what we should all be about, See Page 8



Wednesday Afternoon Social

....from 1.00pm

Weekly quiz, domino draw....and
bingo too (cash prizes)!

Special bar prices + hot food available!

Come on down every Wednesday,
bring your friends, neighbours, visitors.....
all are welcome!

For more info call Margaret on 99963280



Oroklini Choir Notice -The Oroklini spring concert will take place on May 6th at 7.30 at the Town Hall . tickets are 5 euro and are available or reserved from Jean Shield 99130247. Judith will have them available as well.