

December & January Newsletter



Dear Members, welcome to our combined December & January Newsletter, your guide to our group activities and events.

In the first instance your committee would like to wish you all a very happy Christmas and a peaceful new year.

Gerry has prepared a poster on page three which details the arrangements made for our Christmas Social at the 'Lee Bay Hotel', Dhekalia Road on Friday 13th December. Please contact Gerry if you have any **worthwhile** contributions to donate for the raffle. **Tickets can be obtained from committee members, see page 2 for contact details.** We are very keen to ensure that all of our single members are made welcome and not left feeling alone. We will make sure, when organising the seating plan, that we take account of peoples preferences and place people, who are alone, in nice friendly situations.

Our AGM meeting held on the 1st November was attended by 33 members with 15 apologies received. Minutes will be available on request but will be circulated prior to our next AGM. The structure of the new committee has been tabulated on page 2.

Rooski Rider's A presentation by Geoff Barkess on December 4th at Restolake

Geoff B will introduce you to his three month "enduro" motorcycle journey from Yorkshire in the UK to Vladivostock on Russia's Pacific coast. His journey with three friends takes in traversing Europe then Russia to Novisibirsk, then south into "tarmac free" Mongolia.

Please Refer to earlier Notice for more details. Please contact Geoff Penn to Register your interest

U3A Committee as Voted at AGM Held on 1st November 2024 and With Roles Subsequently Selected at Committee Meeting Held on 14th November

Name	Position	Email	Phone
Geoff Penn	Chairman and Courses Coordinator		
Keith Swales	Vice Chairman and General Secretary		
David Barraclough	Treasurer		
Jacky Durrant	Lunch & Dinner Club Secretary		
Gerry Harrison	Membership & Social Secretary		

DAYS WHEN GROUPS NORMALLY MEET (Check newsletter for actual dates)

Day	Morning	Afternoon	Evening
Monday	Beginners Bridge Sounds, Like the 70s	Scrabble Pilates	Club Bridge 6pm (At Gorgona Restaurant)
Tuesday	Yoga Brunch Bunch	Club Bridge 2:30pm (At Gorgona Restaurant)	Teaching Bridge (At Gorgona Restaurant) Ancient Civilisation.
Wednesday	Backgammon Fun Quiz		
Thursday	Writing Group	West End & Broadway French Conversation Craft Group	
Friday	Book Group	Greek Conversation	
No Set Day	Talks & Presentations Coffee Mornings Film Afternoons	Lunch & Dinner Club	



The U3A

Xmas Social

LeBay Hotel, Larnaca

Friday 13th December

6.30pm for 7.00pm

Singing, Dancing & Music provided by

Greg Orton

€40 per person (guests €45)

Buffet, plus local beers/wine/soft drinks and water

(please feel free to bring your own spirits!)

Tickets: call Gerry on 99908999,

or from a Committee Member

POSH FROCKS AND SMART CASUAL WOULD BE NICE PLEASE



ANCIENT CIVILISATIONS CATHERINE YATES



Catherine has continued 'The History of Ancient Egypt' and will contact all regular participants prior to the date of the meeting. Spaces are limited, so for those members, not previously registered with Catherine, but wishing to attend in the future, please email Catherine.

BACKGAMMON SERGE



Our Backgammon sessions are now held on a Wednesday morning at Restolake from 10 am to around noon. All prospective players are welcome to come along to learn and or play this fascinating game of strategy. So whether you are a seasoned player or a complete novice contact Serge above if you would like to join in

BOOK GROUP -Margaret Gross

The Book Group will be meeting on Friday December 13th at 'Restolake' to review the following :-

Something might Happen by Julie Myerson and Burnt Shadows by Kamila Shamsie.

As this our festive meeting we will be enjoying a mince pie with our coffee.

In the New Year our read for review on January 10th will be

The Woman in the Library by Sulari Gentill.

As always we welcome all members to join us .



BRIDGE ERRIKOS LEONIDOU



1. Club Bridge is on Mondays at 6 pm and Tuesdays at 2.30 pm. 2. Teaching bridge is on Tuesdays at 6 pm.

All U3A members are welcome .at the Gorgona restaurant on Mackenzie beach.

Bridge For Beginners Carol Anderson



Bridge lessons continue Monday 2nd of December at 10am venue Restolake. Generally these sessions are for beginners although more advanced students are welcome to join in, but please let Carol know so that she can prepare the lessons in advance

BRUNCH BUNCH PAT BEAVER



Our Tuesday get-together's remain an important feature of U3A social interaction and is often the first port of call for new members seeking introductions to both U3A groups and the people involved in running these activities.

All U3A members are invited to come and join us at 10 am for a hearty reasonably priced breakfast or just a coffee if you would prefer

Next Meetings will be held on Tuesday 3rd December & Tuesday 7th January

FRENCH CONVERSATION BARBARA TURNBULL



As we approach the end of the year, our December get-together will be held only on Thursday, 12 December at 15.00 at the Caffe Nero, MacKenzie beach area.

Next year we will revert to a fortnightly meeting every month with dates in January as Thursday 16 January and Thursday 30 January at 15.00 as usual at Caffe Nero.

This is a friendly conversational group open to all including those with a limited knowledge of French and those with a more developed knowledge, where we discuss over a cup of coffee any subject of interest to participants.

GREEK CONVERSATION vathola Klumbies



The dates for the GREEK CONVERSATION sessions are: 6th and 20th December 2024

And 3rd, 17th and 31st January 2025

It should be noted that this group is a conversation group for people with a knowledge of Greek and is not suitable for members wishing to learn the language from scratch.

GENEALOGY /SOCIAL HISTORY GEOFF PENN

Currently all of our members have reached the limit of their explorations. So It is with much regret that we have placed our group into a state of hibernation until greater site wide interest is shown. It is a shame that with such expert knowledge of 'Family Tree' construction available in house, that our offer to provide a Genealogical help service for our U3A colleagues has remained unanswered.

LUNCH & DINNER CLUB JACKY DURRANT

There will be no L&D Club meeting during December but Jacky is organising for a January visit to the ever popular 'Balty Indian Restaurant' in January. A stop press notice will be issued once we have agreed the finite details of Menu and Cost.

SOUNDS LIKE THE SEVENTIES GEOFF PENN

If you like progressive rock music from the seventies and are interested in discovering underground bands from that period and indeed modern bands following the same artistic principles you might like to consider joining this friendly group.

A meeting in January is currently being planned. - Contact Geoff as above for details.



SCRABBLE TRICIA COOPER



Scrabble is a fascinating board-and-tile game in which two to four players compete in forming words with lettered tiles on a 225-square board; words spelled out by letters on the tiles interlock like words in a crossword puzzle. Players draw seven tiles from a pool at the start and replenish their supply after each turn.

As you can see from the photo we have a Scrabble group who currently play this fascinating word game on a Monday afternoon at 2pm, Meeting at peoples homes in and around the Larnaca / Oroklini area.

Our recent plea for additional players attracted 3 new members, Cheryl and Gail and Maureen for whom we extended a big warm welcome into our ranks. We now have about 10 of us so difficult to accommodate more. However due to holidays we could probably cope with a couple more.

Contact Tricia as above for more details

PAINTING GROUP LIZ NAEPLIN



This productive group meet on a weekly basis alternating between painting indoors and if the weather permits, getting out and about to sketch and draw what takes our fancy. Our emphasis this past month has been investigating the rudiments of painting with water colours. Generally, we experiment with a vast array of artistic materials and painting techniques this active group is both interesting and fun. Currently the class is full to capacity but potentially new members can register their interest with Liz for future inclusion. **Our programme for December continues until the 17th of December and then we restart in the new year on the 7th of January**

PILATES & YOGA GILLIAN ARMSTRONG



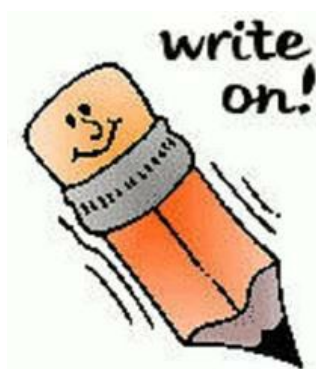
Gillian undertakes both 'Pilates' (Monday at 2pm) and Yoga (Tuesday at 10am) You will need to book in advance (as above), Both classes are held in her air conditioned studio which is located nearby to 'Stelios Supermarket' in Levadia. For both classes you will need to bring a towel.



High Society is the next production to be screened by Judith on Thursday 30th January 2025 at 2pm at her home. It is a musical comedy based on the book by Arthur Kopit and music and lyrics by Cole Porter. The story line is about a successful popular jazz musician (Crosby) who tries to win back the affections of his ex-wife (Kelly), who is preparing to marry another man.

As usual, please contact Judith in advance so that she can organise seating etc,.

WRITING FOR FUN & PLEASURE Geoff Penn



Following a meeting held on Friday 15th it was decided to restructure the 'Inspirational Writing Group', In this respect meetings will be held on a monthly basis every second Thursday at 'Restolake' Dhekelia Road at 11 am.

Subject matter for our writing topics will be selected by individual group participants on a rota basis prior to the following meeting. Our individual writings will then be presented to the group at the following meeting.

All U3A members are invited to attend this group, please call Geoff as above.

QUIZ GEOFF PENN

Come and join us for our Christmas fun quiz on Wednesday 11th December. If you would like to attend but do not have a team that you can join in as a floating player, within a team that is currently short of layers.

The venue is Restolake in Oroklini arriving at at 10am for a 10|30 kick off. Thus giving you time to purchase a drink from the counter as we do not pay for the room. All mobile phone to be switched off and kept away from the table top.

U3A 2024 Fun Quiz

Team	Wk 1	Wk 2	Wk 3	Wk4	Wk5	Wk6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Running Total	Current Position
Jerms	28	28	20	25	26	21	26	0					174	2
Jammy Dodgers	25	29	26	0	24	20	22	22					168	3
Secret Squirrels	22	0	0	0	0	0	0	17					39	9
Busy Bees	27	27	25	21	32	26	25	25					208	1
Bee Gee's	29	28	22	24	19	18	0	0					140	5
United Nations	24	0	21	26	30	23	23	0					147	4
Anna & Co	22	25	0	24	27	21	0	19					138	6
Us & Them	0	22	16	19	0	18	18	0					93	7
Rexless	0	0	14	14	0	0	0	0					28	8