



U3A September Newsletter

A big warm welcome is extended to all our members with this, the September issue of our club newsletter. We hope you have all had a good relaxing summer and are now back and ready to resume your chosen activities or indeed are ready and eager to try something new.

In September of course many groups are still in hibernation and do not get back until next month.

We are now at an advanced stage of preparations for our Autumn BBQ. Everything is in place and we are ready to go on Friday 21st October. Discussions with the management of 'Restolake' have agreed to us employing an outside catering company to manage and serve the food. Restolake will offset their costs by providing and selling drinks from their bar and hopefully selling bottles of wine directly at the tables. Tickets are currently being prepared and will be available from the first week of September. For those members who have expressed an advanced interest your tickets have been reserved,

Because prices for hotel functions and entertainment in general, has gone through the roof This BBQ is likely to be the only (main) U3A social event in 2022 So it would be great for us all get together again.

The meeting regarding the formation of a new U3A sub group for solo members received an encouraging response. It is important to note that this is not a breakaway group and remains firmly under the auspices of the U3A Larnaca Club, but provides the opportunity for our solo members to enjoy the flexibility of attending group functions and meetings in the company of others rather than alone.

Don't forget if you misplace your newsletter you can check out our website www.u3alarnaca.club

Current Committee

Position	Name	Phone	Email
Chairperson	Carol Anderson	96533217	
Vice Chairperson	Geoff Penn	96396528	
Group Coordinator			
Treasurer	David Barraclough	99512561	
Secretary	Barry Bicknell	99876443	
Social Secretary	Kevork Hovsepian	To Follow	
Meal Club Secretary	Jacky Durrant	99220526	

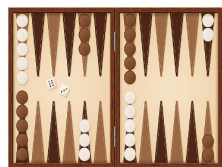
Days When Groups Normally Meet

	Morning	Afternoon	Evening
Monday	Beginners Bridge Sounds, Like The 70s	Scrabble Pilates	
Tuesday	Painting Brunch Bunch Computer Skills Line Dancing		
Wednesday	Pilates Astronomy U3A Fun Quiz	Yoga	Ancient Civilisation
Thursday	Beginners French Tuition	West End and Broadway Shows Movie Group	
Friday	Book Group English Monarchy (various Days) Backgammon	Patchwork and Quilting Other Clean Crafts Genealogy	
No Set Day	Charity Events Exploring Cyprus	Greek Conversation Boules (Sat Afternoon)	

ASTRONOMY & COSMOLOGY Carol Anderson

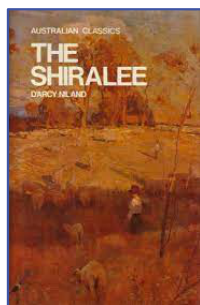
There will be no Astronomy Sessions in September. Check the October Newsletter for further news.

BACKGAMMON Serge



Our Backgammon sessions are now held on Friday mornings from 10am to around noon. The venue is 'Restolake'. All members are invited to join us for this stimulating and engrossing board game. All players even complete beginners are welcome to join in the fun. Although Serge will provide backgammon boards, if you have one bring it along. Contact Serge for further information.

BOOK GROUP Margaret Gross



On **Friday 9th September** at 'Resolake' we are kicking off the September meeting with a recap of the year, and with the intention of starting a new '**Reading List**' for the coming few months. Lots of suggestions have been coming in and current group members will have received the pick list before we meet up to make the final selections. The Meeting will start at 10.30 but as always come along earlier to get a drink in lieu of us having to pay a rent.

The long overdue review of the **Shiralee by Darcy Niland**, our classic choice, will happen and members old and new are very welcome to attend. Contact Margaret as above for further information.

BRIDGE Errikos Leonidou



Bridge has now returned to the Flamingo Hotel, 'Face to Face' That is every Monday at 5:30 pm and Every Tuesday at 2:30.

BRIDGE FOR BEGINNERS CAROL ANDERSON



On Monday the 5th September I shall be holding a catch up / revision morning for both beginners groups at my house at the usual time of 10 am. A head's up is required from you so that I can organise places and card packs. The class will exceptionally include both groups, but the boards will be made to reflect the level of the person winning the contract. No further lesson in September unless 'Errikos' wishes to take over. My bridge group classes will resume in October. New players are welcome to attend, but please contact me

as above.

BRUNCH BUNCH Par Beaver



Our Tuesday get-togethers remain an important part of the U3A diary when members and their friends can chat about U3A activities and plan together their programme of events for the coming month. This group also remains the first port of call for new members to get to know others. So join us at 10am for an all exclusive reasonably priced breakfast at 6.50 euros or indeed later for a coffee.

Next meeting is Tuesday 6th September at the Tuck Inn Finikoudes (Nearby to Larnaca Fort)

COSMOLOGY +GROUP John Palmer / Carol Anderson

We are still awaiting details for future presentations, if anything is planned for September it will be the subject of separate notice.

EXPLORING CYPRUS swaingerjanet@gmail.com

This group remains on hold until further notice.

GREEK CONVERSATION vathoula Klumbies



The format for our Greek conversation group depends on where I am currently located , and is either in the form of face to face meetings or by video call . At the moment I am located in Cyprus and therefore a good time for you to contact me, as above, for a face to face meeting to discuss the purpose of the group. Please note this is a conversation group for people with a knowledge of Greek and is not suitable for members wishing to learn the language from scratch.

LUNCH & DINNER CLUB JACKY DURRANT j



Our next lunch time date is on Thursday 22nd September and is a welcome return to the ever popular 'Lithos Bar and Grill' in Oroklini. Jacky has managed to secure a 10% discount from your bill. If you are interested please let Jacky know by Sunday 18th September with your choice of min meal from the in house menu (see following link <https://lithos.club/>)

Meeting at 12:30 for 1pm

PILATES & YOGA Gillian Armstrong



Gillian's classes are held on the following days: Monday at 2pm for Pilate's and Tuesday at 10pm for Yoga subject to holidays etc. Both classes are held in her air conditioned home studio which is located near to Stelios Supermarket in Levadia. Cost is 5 euros per session. You will need to bring a towel, Contact Gillian to make an appointment as

PAINTING GROUP



Now that we start to say goodbye to the warmer weather we can once again think about getting out those brushes. And so we meet in September to resume our doodling, zen tangles, dot art and sketching. Such techniques of which we are eager to pass on to anybody who would be interested in joining our happy throng of artists. Everybody is welcome to join us no matter how skilled you are or even if you are complete beginners. Contact Liz as above

PATCHWORK & QUILTING Lynne Moses



As announced in the June newsletter the sessions for this group are currently being held at Lynne's home whilst the lower than normal level of attendees allow this to be possible. For those interested in pursuing the art of 'patchwork and quilting.

Please contact Lynne as above to make arrangements to join her. It should be noted that Lynne also fronts other craft groups which you can join, email her for more information.

SCRABBLE Tricia Cooper



If you enjoy word puzzles come along and join us for some rounds of the classic board game scrabble. We meet every week on a Monday afternoon at 2:30 pm at different members homes such details being forwarded in advance. Some of the group members also play Scrabble on line.

If you would like to join us then contact Tricia as above.

SOUNDS, LIKE THE SEVENTIES Geoff Penn



As always this group is for members interested in listening to and learning more about the more complicated aspects of rock music especially progressive rock, blues and psychedelic music with a distinctly 1970's feel. However, our sessions tend to be a mixture of both the older classical styled British progressive rock items mixed with huge helpings of music from current underground bands from both Europe and the USA.

At our last meeting we listened to a selection of new releases..Contact Geoff as above to enter into the chasm of underground soundscapes.

Solo's Friendship Group. Joy Bett

Note That the point of contact for July and August is

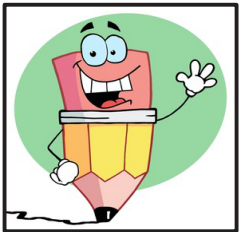
Even though, the seeds for this new group were sewn only a short time ago, initially at a meeting in June, we already have an expanding membership. Then followed a coffee morning in July when we explored ideas for future events reinforced with an August a pool barbecue hosted by John Leggett that brought people further together.



The next monthly event will be an afternoon tea at Janet Swainger's flat on Tuesday 27th September at 3-30. Details of how to get there and what to bring will be communicated by phone or email. In the meantime I hope members will be meeting up, using the agreed email list for smaller, less formal meetings of their choice. I know some of us have already made December and Christmas plans together.

Should you like to join the group phone Gillian Line as above until 14th September then similarly Joy Bett after that date

The INSPIRATIONS WRITING GROUP

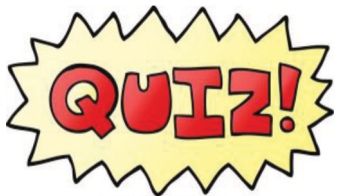


Inspired to take summer holidays this group has not met since June when our writing explored colours and what that colour meant to the writer. All contributions made fascinating reading.

All writers, at all levels of experience, are welcome to join when the group resumes at the end of September.

The subject for that meeting and the date will be communicated through The Stop Press after telephone consultation. So if you are inspired contact Joy as above

U3A MONTHLY FUN QUIZ Geoff & Janet Penn



A notice was recently circulated, to the membership, announcing that our ongoing fun quiz had reached its conclusion with the 'Busy Bee's' as overall victors of our monthly ladder league.

So we are now ready to start again with a new season of monthly quizzes, the first of which being held at Restolake on Wednesday September 14th. Meeting at 10am for a 10:30 kick off. Thus giving you the opportunity to join in the fun by forming and registering a new or indeed your existing teams. As a reminder a team comprises four persons two of which need to be U3A members.

If you would like to participate on a regular basis but do not currently belong to a team contact Geoff as above who will arrange an introduction to a team short of players. In addition we welcome members to come along as floating substitutes to join those teams which might be short on the day.